

Bone, joint or muscle pain?

See the physiotherapist here!

Decorative wavy shapes in blue and orange at the bottom of the slide.

The First Contact Physiotherapist will...

- ***Assess you*** and diagnose what's happening
- ***Give expert advice*** on how best to manage your condition
- ***Recommend*** exercises and other approaches to deal with the issue
 - ***Refer you on*** to specialist services if necessary.

A national evaluation on this service showed...

- ***Faster access*** to specialist expertise
- ***Fewer onward*** referrals to see a hospital consultant
- ***On average, 95 %*** of patients do not require a GP follow-up.

The First Contact Physiotherapist works for you!

Ask
reception
for more info